



WILD PACIFIC SALMON

FRESH & FROZEN



100% wild salmon from the cold northern waters of the Pacific Ocean

Wild salmon have lived in the pristine waters of the Pacific Northwest for thousands of years. There are five different species of Pacific salmon, each with its own unique characteristics in size, colour, oil content, texture and flavour.



CANADIAN FISHING COMPANY

WILD PACIFIC SALMON

Wild Pacific Salmon is one of nature's healthiest and purest foods, and is an excellent source of protein that is low in saturated fat. Salmon also contain highly unsaturated oils, called omega-3 polyunsaturated fatty acids, which are unique to fatty fish like salmon that has been linked to numerous health benefits. Compared to other protein sources, salmon is also generally lower in fat and calories than beef, poultry or pork, and contains about the same or slightly less cholesterol.

All five species of wild Pacific salmon are available as fresh or frozen steaks, fillets or portions. We offer portion and unit controlled sizing and will work with you to ensure that the product is packaged to your specifications.

Sold fresh (in season) or frozen; dressed with head off; Canfisco can also supply custom processed and /or custom packaged fresh or frozen steaks, portions or fillets.

Species	Size Grade (dressed/headless) lbs (kgs)	Harvesting Season												Flesh Characteristics
		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
Sockeye (sometimes called Red)	2/4 lbs (1-1.8 kg) 4/6 lbs (1.8-2.7 kg) 6/9 lbs (2.7-4 kg)													deep red flesh firm texture oil content: 1.5-13 pct
Spring (also called King or Chinook)	4/7 lbs (1.8-3 kg) 7/11 lbs (3-4.9 kg) 11/18 lbs (4.9-8kg) 18+ lbs (8kg +)													red, pink, or white flesh firm texture oil content: 7-20 pct
Coho (also called Silver)	2/4 lbs (1-1.8 kg) 4/6 lbs (1.8-2.7 kg) 6/9 lbs (2.7-4 kg) 9/12 lbs (4-5.4 kg)													orange-red flesh fine texture oil content: 2-12 pct
Pink	2/5 lbs (0.9-2.2 kg)													pink flesh delicate texture oil content: 1.4-12 pct
Chum (Keta) (also known as: Silver-Bright, Semi-Bright or Dark Chum)	4/6 lbs (1.8-2.7 kg) 6/9 lbs (2.7-4 kg) 9/12 lbs (4-5.4 kg) 12+ lbs (5.4+ kg)													orange-pink flesh firm texture oil content: 2-7.3 pct

**Canadian Fishing Company is recognized at home and abroad
as a producer of premium quality salmon.**

Canadian Fishing Company

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